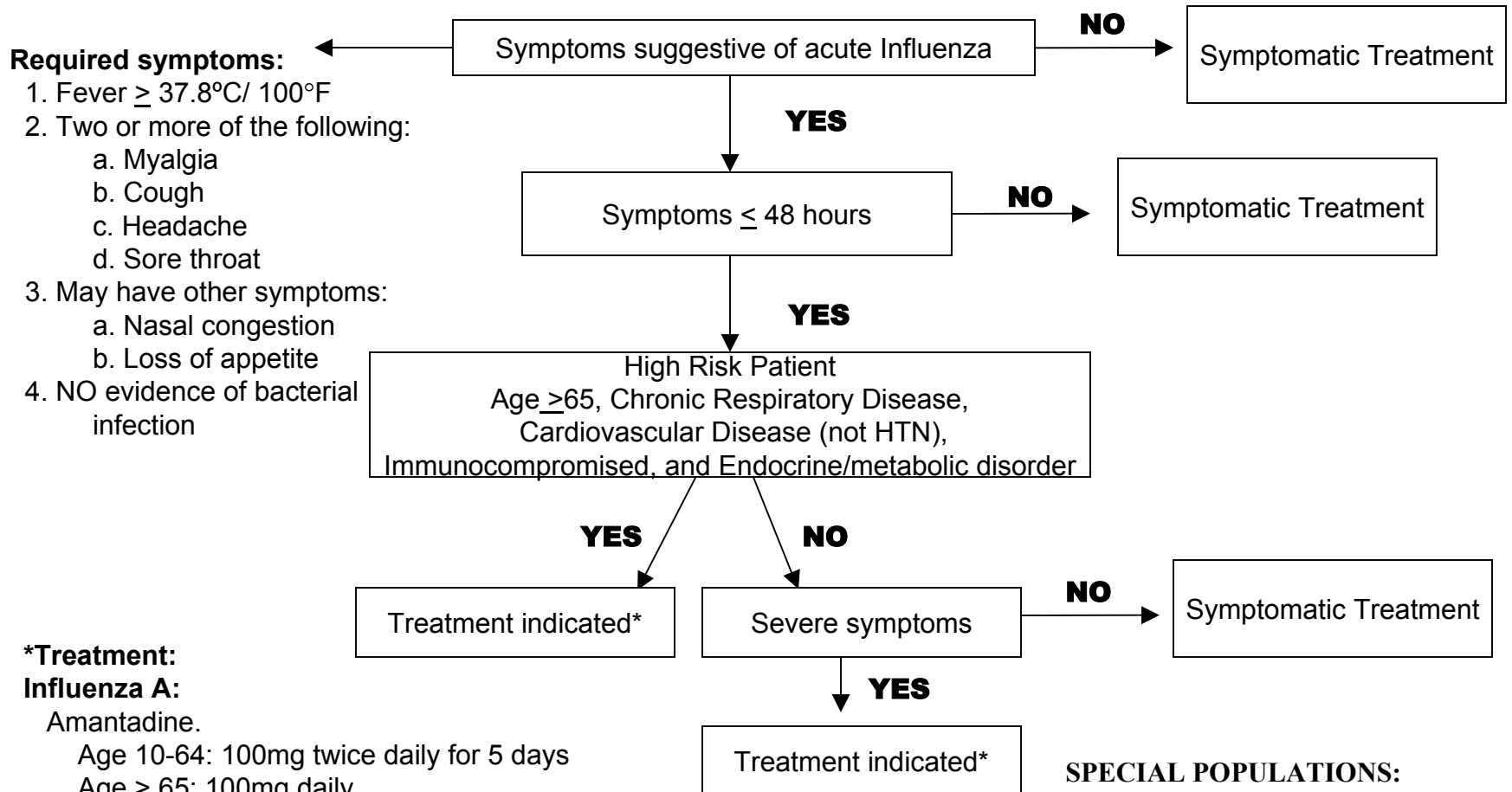


ADULT INFLUENZA PRACTICE GUIDELINE 2003



SPECIAL POPULATIONS:

1. Pregnancy or Nursing Mother: Symptomatic treatment only
2. History of Seizures: Avoid amantadine

Influenza B or unknown influenza serotype: Contact Inpatient Pharmacy for Availability 524-4400

1. Oseltamivir (Tamiflu®) 75mg twice daily for 5 days
Ccr 10-30 ml/min: 75mg every other day
2. Zanamavir (Relenza®) Two 5 mg inhalations twice daily (about 12 hours apart) for 5 days **DO NOT USE in ASTHMA, COPD , or CHRONIC RESPIRATORY DISEASE**